



### Passing Part two

Set up grid 10x10

Purpose- Passing with direction

### Organization

Players play 3v1 in a 10 x10 area

Players play keep away for one minute so everyone plays in the middle for the same amount of time

When players have the opportunity they attempt to pass the ball and hit it off the cone in the middle.

Every time players hit the ball off the cone they score 3 points

Every time defender wins the ball they score a point

Add up scores at the end to see if attackers or defenders win the game

### Coaching points

Communication with teammates

Make a good first touch out of your feet

Open your hips so you can play the ball in several directions

Keep your head up to see all options

Coaching points with the pass the same as passing one